## IT'S TIME TO GET IMMUNIZED AGAINST TETANUS



**WHAT IS TETANUS?** Tetanus is an acute and often fatal disease caused by a toxin released by bacteria present in our environment.



## **TETANUS INFECTION**

Most individuals associate tetanus infection with rusty nails, but the bacteria that cause tetanus also live in dirt, dust and soil. Infection can occur from a minor scrape or puncture during gardening or renovation work, or from an animal bite.



## **GET IMMUNIZED**

Being fully immunized is the best way to prevent tetanus. Tetanus vaccines are safe and effective, and are recommended for individuals of all ages, with booster shots every 10 years.



## ARE YOU PROTECTED AGAINST TETANUS?

Publicly-funded immunization schedules for tetanus may vary between provinces and territories. Talk to your doctor, nurse, pharmacist or public health office about tetanus immunization.



